



# 2019 December

December is Read a New Book Month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>2</b> Meatloaf w/Gravy Corn Dog Ham & Cheese Sandwich Ham/Turkey Chef Salad w/Dinner Roll Corn Fresh Broccoli Mixed Fruit	<b>3</b> French Toast Sticks w/Syrup Chicken Sausage Patty Popcorn Chicken w/Dinner Roll Turkey & Cheese Sand BBQ Riblet* Sandwich Green Beans Gr. Pepper Strips Diced Pears	<b>4</b> Orange Broccoli Chicken w/Lomein Spicy Chicken Patty Sandwich Ham & Cheese Sandwich Chicken Caesar Salad Dinner Roll Sliced Carrots Fresh Zucchini Diced Peaches	<b>5</b> Sloppy Joe Melt Chili Cheese Dog Turkey & Cheese Sand BBQ Riblet* Sandwich Black Beans Celery Sticks Applesauce	<b>6</b> Bacon* Cheeseburger Toasted Cheese Sandwich Tomato Soup Turkey & Swiss Sand Turkey Chef Salad w/Dinner Roll Spinach Fresh Baby Carrots Diced Peaches	<b>All menus meet or exceed current USDA or state-specific Dietary Guidelines for the Healthy, Hunger-Free Kids Act.</b>  Offered Daily: Apples or Oranges 100% Fruit Juice  Homemade Pizza  Pre-made Salads  Burgers  Chicken Patty Sandwich  Tater Tots  Milk Served Daily Skim Chocolate Skim White 1% White  Milk A la carte: \$.50  Student Lunch: \$3.20  Adult Lunch: \$3.60  <b>WG – Whole Grain</b>  <b>Romaine Salads served with Ranch Dressing</b>  Items listed with a <b>red *</b> may contain Pork.
<b>9</b> Chicken Mashed Potato Bowl w/Dinner Roll Spicy Vegetable Flatbread Pizza Ham & Cheese Sandwich Ham/Turkey Chef Salad w/Dinner Roll Green Beans Fresh Broccoli Mixed Fruit	<b>10</b> Hot Pretzel w/Cheese Sauce Spicy Vegetable Flatbread Pizza Turkey & Cheese Sand BBQ Riblet* Sandwich Sliced Carrots Gr. Pepper Strips Diced Pears	<b>11</b> Spicy Vegetable Flatbread Pizza Spicy Chicken Patty Sandwich Ham & Cheese Sandwich Chicken Caesar Salad Dinner Roll Green Beans Fresh Zucchini Diced Peaches	<b>12</b> Bosco Sticks w/Marinara Sauce Spicy Vegetable Flatbread Pizza Turkey & Cheese Sand BBQ Riblet* Sandwich Kickin' Pinto' Beans Celery Sticks Applesauce	<b>13</b> Fish Sandwich w/Cheese Spicy Vegetable Flatbread Pizza Ranch Chicken Wrap Popcorn Chicken Salad w/Dinner Roll Steamed Broccoli Fresh Baby Carrots Diced Peaches	
<b>16</b> Buffalo Chicken Sandwich Meatball Sub Ham & Cheese Sandwich Ham/Turkey Chef Salad w/Dinner Roll Corn Fresh Broccoli Mixed Fruit	<b>17</b> Diced Chicken Nachos Popcorn Chicken w/Dinner Roll Turkey & Cheese Sand BBQ Riblet* Sandwich Peas Gr. Pepper Strips Diced Pears	<b>18</b> Chicken Pot Pie Mac and Cheese Ham & Cheese Sandwich Chicken Caesar Salad Dinner Roll Sweet Potato Fries Fresh Zucchini Diced Peaches	<b>19</b> Turkey with Gravy w/Dinner Roll Pizza Burger Turkey & Cheese Sand BBQ Riblet* Sandwich Mashed Potatoes Celery Sticks Applesauce	<b>20</b> <div style="text-align: center;"><b>Early Dismissal</b></div>  <div style="text-align: center;"><b>No Service</b></div>	
<b>23</b>  <b>No School</b>	<b>24</b> 	<b>25</b> <div style="text-align: center;"><b>Winter Break</b></div> <div style="text-align: center;"><b>No School</b></div>	<b>26</b> 	<b>27</b>  <b>No School</b>	
<b>30</b> <div style="text-align: center;"><b>Winter Break</b></div> <div style="text-align: center;"><b>No School</b></div>	<b>31</b> 	<div style="text-align: center;"><b>Happy New Year</b></div>	<div style="text-align: center;"><b>Treat Yourself Right</b></div>		

## Cass Junior High School



Menus are subject to change without notice.

This institution is an equal opportunity provider.



### Part time positions open

If you are interested in working part time during the school year please log into [www.aramark.com](http://www.aramark.com) and open the careers tab to review available positions in Cass or call Nichole at 630-964-0267.